UMMS Clinical Electives in China

About the M4 Elective Process
In support of our international commitment to foster a culture of diversity, excellence and inclusion, the University of Michigan Medical School (UMMS) offers medical students the International Clinical Elective Program. Students in good academic standing have opportunities to participate in the 4-week clinical elective. The program provides students with international healthcare experience and prepares them for high impact careers in global health.

Students interested in participating in an international elective in China should begin the application process early. Please note that clinical electives in China cannot be scheduled in January and February. The earliest available visiting period each year is in March. Application forms (see below) must be submitted at least 60 days in advance of the proposed starting date.

• Contact the Office of Medical Student Education (OMSE) office for requirements.
• Students are eligible for 4 credits if they successfully complete their clinical elective.
• The Medicine: M4 International Clinical Elective is required for any student participating in an international elective. A second application, Medicine: M4 International Clinical Elective Grant is only required for students applying for Global REACH funding. A flowchart of the application process can be found on the Global REACH website on the M4 International Elective page under Education Services.

About Global REACH Elective Grants
• Students may be awarded up to $1,200 for participating in an elective at any of the institutions highlighted in this document.
• A student whose elective is NOT approved by OMSE is NOT eligible for the Global REACH grant.
• Students must be enrolled full time at the time of the elective to receive Global REACH funding.
• Global REACH grants are applied to student accounts after completion of the elective and dependent upon submission of sufficient and eligible receipts. Please submit a flight receipt along with your application. If your flight is less than the grant amount please submit additional receipts for documentation.
• The University of Michigan does not reimburse for airline tickets purchased with frequent flyer miles.

Additional China Requirements
• Contact Dr. Amy Huang, Director for China Programs, Global REACH (Email: yanhuang@med.umich.edu); indicate intention to participate in International Clinical Elective Program and preference of the rotation sites.
• Dr. Huang will provide student with an application form specific to the host institution and includes important information such as proposed visiting period, department to be affiliated with, and housing preference.
• Students return completed form to Dr. Huang, along with student resume/CV and a statement of funding.
• Dr. Huang reaches out to the host institution to assess openings and then confirms details of the rotation and introduces the exchange officer at the host institution to students through email.
• Students contact the exchange officer to discuss schedule of the rotation, housing, and other logistics.
• Students must comply with host country’s visa/immigration requirements, laws, and regulations.
• Local costs, such as accommodations, meals, and other personal expenses during the clinical elective shall be the responsibility of participating students.
• The exchange officers at Global REACH office and the host institute will assist visiting students in arranging travel and obtaining accommodations to the extent feasible.
• Please refer to the specific rotation sites for housing information.

For more information and testimonials:
Global REACH website (http://globalreach.med.umich.edu/),
Office of Medical Student Education website (http://www.med.umich.edu/medschool/osp/),
M4 Student Resource Binder (globalreach.med.umich.edu/education/students/elective)
Contact Global REACH: (tel) 734-615-5692  (email) globalreach@med.umich.edu
Passport, Visa and Vaccinations
Students going on an International Clinical Elective are required to have a passport, which is valid for six months beyond the end date of their elective and contain at least two blank Visa pages. It is the student’s responsibility to determine exit/entry requirements if their travel itinerary includes multiple countries. Requirements, visa types and application fees may vary depending on a student’s citizenship and travel plans. Information about vaccinations is included in the budget section.

A visa is required for US citizens to enter China. Students should apply for a Student (X) Visa. The following are requirements for a student visa:
• Valid passport and a copy of the information page
• Application
• One 2” x 2” passport photo
• An original and a photocopy of letter of admission and Foreign Student Visa Application Form (JW201 or JW 202)

Before You Go
• Review the guidelines by International Center on Traveling Abroad http://www.internationalcenter.umich.edu/swt/travel-abroad-basics/.
• Confirm with the exchange officer at host institution about your traveling arrangement and elective schedule.
• Advise your mentor at the host institute about your check-in and size of the white coat.

UMMS History with China
The University of Michigan Medical School has a long history of clinical, educational, and research collaboration with Chinese partners, both at the individual and the institutional level. Hundreds of publications involving almost 100 medical school faculty have been published with colleagues in China over the past few years, and almost twenty UMMS departments are currently collaborating with Chinese universities.

Currently, UMMS holds Memoranda of Understanding with three top Chinese medical schools in the cities of Beijing and Shanghai and offers a variety of clinical electives at:
• Peking University Health Science Center (PUHSC)
• Peking Union Medical College (PUMC)
• Shanghai Jiaotong University Ruijin Hospital (STJU)

About Beijing and Shanghai
Beijing, sometimes Romanized as Peking, is the capital of the People's Republic of China and one of the most populous cities in the world. 20 million people currently live in this political, cultural, and diplomatic city of China. The city is renowned for its opulent palaces, gardens, and its art treasures. There are many cultural symbols in Beijing from the Great Wall (located 47 miles from the city) to the Peking Opera whose history spans more than 200 years. Beijing’s unique cuisine originates from the mixing of food cultures. The climate in Beijing is warm and temperate; there are four distinct seasons however spring and autumn are short seasons.

Shanghai is the largest city by population in China with more than 23 million residents. It is a global city and major financial center, with influence in commerce, culture, finance, media, fashion, technology, and transport. Shanghai is a popular tourist destination renowned for its historical landmarks such as The Bund, City God Temple, and Yu Garden, as well as the extensive and growing Lujiazui skyline. It has been described as the
“showpiece” of the booming economy of Mainland China. While Beijing is replete with imperial palaces, Shanghai offers European-style skyscrapers and tree-lines neighborhoods. Obsessed with fashion and technology, Shanghai represents the frontier-town of China and offers a city of contrasts. One-moment visitors could be studying a 10th century Buddhist temple and then meet up with friends at a designer restaurant.

Language: A basic knowledge of Chinese, particularly numbers and phrases, is recommended for students interested in completing their elective in China.

Housing: See site-specific information in the pages that follow.

Budget: Unless otherwise noted in specific site descriptions, the budget shown provides a good estimate for a 1-month elective in China.

Please Note:
- These costs are estimates; actual costs may be higher or lower.
- Students are still responsible for tuition payments to UMMS.
- The required U-M Health Insurance will be purchased on your behalf and students must reimburse the Office of Medical Student Education (OMSE).
- Estimated costs for vaccinations include Hepatitis A & B, Typhoid, Polio, Japanese Encephalitis, Rabies, and Malaria (should be considered for rural parts of Anhui, Ghizhou, Henan, Hubai, Hainan, and Yunan provinces). This estimation does not include any routine vaccinations that may need to be updated or insurance coverage for vaccinations. Check CDC for updates.

Other Tips for Enjoying China
- DO NOT get currency exchange at DTW. You will get a better rate at Beijing Capital Airport.
- The tap water in China is NOT drinkable. Please drink only bottled or boiled water.
- Please make sure you always have some CASH. Not every place in Beijing accepts credit or debit cards.
- Consider carrying tissue paper with you. Most public bathrooms in China do not provide toilet paper.
- Professional attire is expected.
- Pack sunscreen, electrical converter/plug adapter. Bring a backpack and guidebook for weekend traveling.
- NEVER leave your purse, phone, backpack, or anything of value out of your sight, even for a few moments, in any public place, including your work station or hotel lobby. There is a high theft rate.
- We recommend you make general supply purchases at larger grocery stores (Walmart, Carrefour, etc).

<table>
<thead>
<tr>
<th>Budget Item: (1-Month Estimate)</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airfare (round trip)</td>
<td>$1,500.00</td>
</tr>
<tr>
<td>*Housing (PUMC)</td>
<td>$600.00</td>
</tr>
<tr>
<td>Meals &amp; Local Transportation</td>
<td>$500.00</td>
</tr>
<tr>
<td>Visa Application</td>
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<tr>
<td>Required Health Insurance: HTH Worldwide</td>
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<tr>
<td>US Passport Application</td>
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<tr>
<td>Vaccinations</td>
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<tr>
<td>ESTIMATED Total:</td>
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</tbody>
</table>

*Housing @PUHSC add $200.00
Housing @STJU add $400.00
Institution Specific Information

Peking University Health Science Center (PUHSC)
As the most prestigious comprehensive medical institution in China, Peking University Health Science Center (PUHSC) developed out of the National Medical School of Peking, the first national school of western medicine established by the Chinese government through its own efforts. Since its inception in 1912, PUHSC has cultivated a large number of high-level medical and health talents for the country, and has made outstanding contributions to improving the health of the Chinese people.

PUHSC offers a full range of courses for nine undergraduate programs, namely clinical medicine, stomatology, basic medical sciences, preventive medicine, pharmaceutics, nursing, laboratory diagnosis, laboratory experiment and biomedical English. There are three PUHSC affiliated hospitals participating in our International Clinical Elective Program. They are Peking University First Hospital, Peking University People's Hospital, Peking University Third Hospital, Jishuitan Hospital, and Beijing Hospital. Third Hospital is the closest hospital to the PUHSC campus.

For more information, please visit http://english.bjmu.edu.cn/ or contact the Office of International Cooperation, Peking University Health Science Center at oic@bjmu.edu.cn.

Exchange Officer at PUHSC
Qiudan Sun, Director, Office of International Cooperation
Peking University Health Science Center
No.38 Xueyuan Road, Haidian District, Beijing (100191)
Tel: (86)10-82805195 Email: sunqd@bjmu.edu.cn

Housing Options
1) Department of International Students
   Location: near the North Gate of PUHSC
   Price: $13/night/room Room Type: Single room only
   Facilities: bathroom (hot water), air conditioner, TV, single bed, wardrobe, desk and chair (you will have to go to the Information Center to access the Internet, and this is not free)
   *Note: The rooms in this building cannot be guaranteed. Please contact PUHSC Exchange Officer in advance.

2) Master Inn Hotel
   Location: near the West Gate of PUHSC
   Price: $38/night/room, breakfast not included Room Type: Single room, double room
   Facilities: private bathroom (hot water), air conditioner, TV, wardrobe, access to the Internet (free with cable), single bed or two beds, desk and chair
   *Note: The rooms at the hotel can be easily booked.

3) Students can also book hotels around PUHSC and the elective site hospitals on their own. The average price for each room is $32 per night. It is not common for exchange student to find homestay around PUHSC.

4) Students participating electives at Peking University First and Second Hospital may take public transportation to commute to the hospitals from PUHSC campus:
   • First Hospital is about 6 miles from the PUHSC campus. One bus route offers connections (about 4 stops).
   • Second Hospital is about 4 miles from the PUHSC campus. 5 buses routes are running in between (about 10 stops).
Peking Union Medical College Hospital (PUMCH)
PUMCH is affiliated with both Peking Union Medical College and the Chinese Academy of Medical Sciences. It is a renowned general hospital in China with a prestigious historical background. Founded by the Rockefeller Foundation in 1921, the hospital, with its gathering of notable experienced physicians, medical professionals and scientific researchers of various specialties, has maintained its leading position as one of the top-ranked hospitals in China for over 80 years. PUMCH consists of a complete spectrum of specialties with excellent, strong clinical foundations and expertise. Equipped with advanced medical equipment and technologies, the hospital, famous for its outstanding clinical professional cooperation amongst different specialties, maintains a primary role above all other hospitals in China in terms of medical treatment, scientific research and medical education.

There are 40 clinical departments and 15 adjunct departments, including 10 national key disciplines (in 12 departments) and 2 municipal key disciplines. The hospital places great effort on basic and continued medical education and training, emphasizing basic principles, methodology, and training individual independence. Resident on-the-job-training programs as well as post-graduate training programs are amongst the most intensive and competitive nationwide. For several decades, the hospital trained numerous outstanding medical professionals, displaying an important and leading role in the development of China’s medical sciences.


**Exchange Officer at PUMCH**
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**Hostels:** Many hostels around PUMC hospital offer reasonable rates. Visitors can expect to pay from $7 to $20 per night for a dorm style room. Please check Hotels.com for a list of available hostels and locations in Beijing.

**Hotel:** Some students have previously utilized the Tian Rui Inn Hotel. Rates are about 310 RMB for double room per day. It is in a prime location, near Wangfujing—one of the most famous shopping streets in China, and about 10 minutes walk to PUMCH. The hotel is small and cozy and provides bed sheet, pillow, quilt, closet, telephone, TV, refrigerator, hot water heater, towel, cup and etc. There is free Internet access (ADSL) in each room and in the hotel lounge. There is a small restaurant at the lobby of the hotel where you can have breakfast and dinner.

Address: 15 Baishu Hutong, Wangfujing, Dongcheng District, Beijing;  Tel: 8610 6526 6699  8610 6524 4828

**Dorm:** There is a dorm at PUMC Hospital for 80RMB per bed/per day, without IT service. It is very competitive to get a room here and there are no rooms available for Spring 2014.

**Dining:** The PUMC Hospital gives a dining card to exchange students. They can replenish money to the card and use it for three meals per day. Foreign students will have to pay a deposit of 160 RMB for white coat and dining card upon registration. When students are done with rotation at the hospital, their deposit will be returned to them after they return the white coat and dining card.

**Rotations:** Dr. Jun Zhao from PUMC Hospital will be responsible for arranging the specific rotation departments for exchange students, based on the requirement and priority of the foreign student. He will also be responsible for the ID of the hospital, the requested forms to be filled out, etc.
Shanghai Jiaotong University Ruijin Hospital (SJTU)
Established in 1907, Ruijing Hospital is a general teaching hospital under the Shanghai Jiao Tong University School of Medicine. At present there are almost 1800 beds and a staff of more than 3300, among whom 507 hold senior titles.

The hospital has 34 clinical departments, 7 departments of medical technology; 9 institutes (endocrinology, hematology, traumatology and orthopedics, burns, hypertension, digestive surgery, neurology, cardiovascular diseases, infectious diseases and respiratory disease); 11 laboratories, among which one is a State key laboratory (Key Laboratory of Medical Genome), 2 key laboratories of the Ministry of Public Health (Key Laboratory of Endocrine and Metabolic Diseases of Ministry of Public Health and Key Laboratory of Human Genome of Ministry of Public Health); 3 clinical medical centers (Shanghai Micro-Traumatic Surgery Clinical Medical Center, Shanghai Endocrine and Metabolic Diseases Clinical Medical Center and Shanghai Hematology Clinical Medical Center); 8 state bases for clinical research of drugs; 3 key disciplines of State Ministry of Education, 6 key disciplines of Shanghai Education Commission and 3 leading disciplines of medicine of Shanghai Municipality.

For more information, please visit http://www.shanghaipolesinofrancais.com.cn/en/ruijin.html

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Housing Options

1) The Blue Mountain Youth Hostel offers clean and affordable accommodations and is conveniently located near small restaurants, grocery stores, and street food vendors. The staff speaks English and they are great resources for suggesting weekend trips, good restaurants, and tips for traveling around Shanghai
   Location: No.1, 1072 Nong, Quxi Road, Shanghai, China 200023
   Price: $20-$45/night/room depending on the room type
   Room Type: Single rooms, double rooms, triple rooms, quadruple rooms
   Facilities: Spacious, comfortable beds, soft quilts, air-conditioner, TV, wardrobe, private bathroom (except some double rooms)

2) Eryi Hotel, which is the on-site guest house at Shanghai Jiao Tong University
   Location: 227 South Chongqing Road, Shanghai, China 200023
   Price: $35-$45/night/room
   Room Type: Single rooms, double rooms
   Facilities: private bathroom (hot water), air conditioner, TV, single bed, wardrobe, desk and chair