Evaluation of Behavioral Counseling of Community Health Agents in Pilot Diabetes Self-Management Intervention in Sao Paulo, Brazil

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Preparing for Brazil
- Application Process
- Portuguese Class
- Skype Meetings
- Meetings with Dr. Heisler
- Fidelity Checklist
- Modified 6-Month Survey

Orientation in Brazil
- Introduction to Dr. Valle
- Tour of Clinicas
- Introduction to CHAs
- Booster Training
- Shadowing CHAs and Dr. Valle
- Transportation
- Communication

Project
- CHW Scheduling and Shadowing
- Chart Review
- Interviews
- STATA introduction
- Ongoing communication with project team from Michigan
Community Integration

- Lunch with Physicians, Nurses, CHAs
- Patient Interactions
- CHA Group Activities
- Dance Class

Challenges

- Dynamic of evaluation
  - Being clear about our role
- Scheduling
  - Uncertainty of CHA/patient schedules

Recommendations for Future Collaborations

- Communication before, during, and after the trip
- Clarify project roles and responsibilities
- Orientation with home country mentor
- Establish team culture or dynamic beforehand
- Time for students to engage with local culture and travel

Thank you!